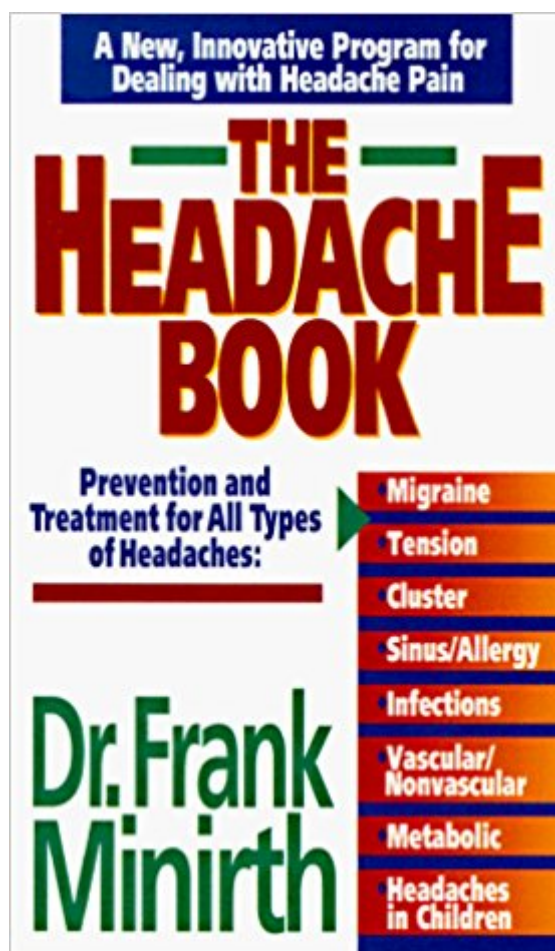


The book was found

The Headache Book



Synopsis

In this invaluable and comprehensive book, Dr. Minirth defines the different types of headaches, what causes them, and how to prevent or manage the pain.

Book Information

Paperback: 252 pages

Publisher: Thomas Nelson Inc; First Edition edition (April 1995)

Language: English

ISBN-10: 0785277153

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Product Dimensions: 1 x 4 x 7 inches

Shipping Weight: 4 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,203,193 in Books (See Top 100 in Books) #22 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches

Customer Reviews

Frank Minirth is president of the Minirth Clinic in Richardson, Texas, and one of only 122 doctors in America and Canada certified by the prestigious American Society of Clinic Psychopharmacology. He is the bestselling author of Happiness Is a Choice and can be heard weekly on both local and national radio. --This text refers to an out of print or unavailable edition of this title.

After what I learned from this book and talking with my doctor, I have gone from migraine a week to one migraine in a six month period! If you suffer from any type of recurring headache, this book will help you free yourself from them.

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